



AQUATIC CENTRE & FITNESS STUDIO - Jun 30 to Aug 22, 2025

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY & SUNDAY |
|-------------------------------------|--|--|--|--|--|------------------------------|
| POOL (including hot tub & sauna) | Adult Lanes 6:00 – 7:45 am | Adult Lanes 6:00 – 7:45 am | Adult Lanes 6:00 – 7:45 am | Adult Lanes 6:00 – 7:45 am | Adult Lanes 6:00 – 7:45 am | AQUATIC CENTRE CLOSED |
| | AquaFit 8:00 – 8:45 am | AquaFit 8:00 – 8:45 am | AquaFit 8:00 – 8:45 am | AquaFit 8:00 – 8:45 am | AquaFit 8:00 – 8:45 am | |
| | Learn to Swim Registered Lessons 8:45 am – 12:00 pm (Facility Closed) | Learn to Swim Registered Lessons 8:45 am – 12:00 pm (Facility Closed) | Learn to Swim Registered Lessons 8:45 am – 12:00 pm (Facility Closed) | Learn to Swim Registered Lessons 8:45 am – 12:00 pm (Facility Closed) | Learn to Swim Registered Lessons 8:45 am – 12:00 pm (Facility Closed) | |
| | Adult Lanes 12:00 - 1:15 pm | Adult Lanes 12:00 - 1:15 pm | Adult Lanes 12:00 - 1:15 pm | Adult Lanes 12:00 - 1:15 pm | Adult Lanes 12:00 - 1:15 pm | |
| | Gentle AquaFit 12:00 - 12:45 pm | Gentle AquaFit 12:00 - 12:45 pm | Gentle AquaFit 12:00 - 12:45 pm | Gentle AquaFit 12:00 - 12:45 pm | Gentle AquaFit 12:00 - 12:45 pm | |
| | Public Swim 1:30 - 3:30 pm | Public Swim 1:30 - 3:30 pm | Public Swim 1:30 - 3:30 pm | Public Swim 1:30 - 3:30 pm | Public Swim 1:30 - 3:30 pm | |
| | Adult Lanes 3:45 - 5:45 pm | Learn to Swim Registered Lessons 3:30 - 7:00 pm (Facility Closed) | Adult Lanes 3:45 - 5:45 pm | Learn to Swim Registered Lessons 3:30 - 7:00 pm (Facility Closed) | Adult Lanes 3:45 - 5:45 pm | |
| | Public Swim 6:00 - 7:30 pm | | Public Swim 6:00 - 7:30 pm | | Public Swim 6:00 - 7:30 pm | |
| FITNESS STUDIO | 6:00 am - 8:45 am 12:00 - 7:30 pm | 6:00 am - 8:45 am 12:00 - 3:30 pm | 6:00 am - 8:45 am 12:00 - 7:30 pm | 6:00 am - 8:45 am 12:00 - 3:30 pm | 6:00 am - 8:45 am 12:00 - 7:30 pm | FITNESS STUDIO CLOSED |
| SHOWERS AVAILABLE | 6:00 am - 8:45 am 12:00 - 7:30 pm | 6:00 am - 8:45 am 12:00 - 3:30 pm | 6:00 am - 8:45 am 12:00 - 7:30 pm | 6:00 am - 8:45 am 12:00 - 3:30 pm | 6:00 am - 8:45 am 12:00 - 7:30 pm | SHOWERS UNAVAILABLE |

Adult Lanes

In the main pool - lanes are available for continuous lap swimming and leisure exercising. The shallow pool is available intermittently. **16+ years of age or 13-15 years with direct adult supervision**

Family Swim

In medium and tot's pools - Caregivers swim with and directly supervise their children. The main pool is not available during this time. **Swimmers under the age of 7 must swim with an adult caregiver within arms' reach.**

AquaFit/Gentle AquaFit

In the main pool - low impact aquatic-based fitness classes. **16+ years of age or 13-15 years with direct adult supervision.**

Public Swim

Full facility public swim - 7 years & up. **Swimmers under the age of 7 must swim with an adult caregiver within arms' reach.**

There may be unforeseen and unscheduled facility closures and program cancellations.
For always up-to-date scheduling information, please follow our "live" schedule at playinpa.ca/schedules and follow us on Facebook and Instagram. We will post changes as soon as possible.

Schedule updated May 14, 2025