

GLENWOOD SPORTS CENTRE - Jun 5 - Aug 28, 2025

Pickleball 10+		
Thursdays:	Jun 5, Jun 12, Jun 19, Jun 26 Jul 3, Jul 10, Jul 17, Jul 24, Jul 31 Aug 7, Aug 14, Aug 21, Aug 28	6:15 - 8:45 pm
Family Multi-Sport All Ages FREE!		
Fridays:	Jun 13, Jun 27 Jul 11, Jul 24 Aug 15	6:15 - 8:15 pm
Laser Light Rollerblading All Ages		
Fridays:	Jun 6, Jun 20 Jul 4, Jul 18 Aug 8, Aug 22	6:15 - 8:15 pm

Pickleball 10+ years

A mix of tennis, badminton & table tennis, Pickleball is sure to have you working up a sweat with friends on the court! Paddles are available for borrowing.

Family Multi-Sport All Ages **FREE!**

Come shoot, throw, and play with the whole family! Make use of our gym space and equipment and try out a variety of sports.

Laser Light Rollerblading All Ages

Strap on the skates, dress in neon and join us for disco lights & funky music! *If you are sensitive to strobe & flashing lights please consider coming to other drop-in options.*

ALBERNI VALLEY MULTIPLEX - Jul 13 - Aug 29

Public Skate All Ages		
Fridays:	Jul 18 - Aug 29 (except: Aug 15)	6:30 - 8:00 pm
Sundays:	Jul 13 - Aug 24 (except: Aug 3)	1:00 - 2:30 pm
Sensory Skates All Ages NEW!		
Fridays:	Aug 15 - 29	12:00 - 1:00 pm
GLOW Skates All Ages NEW!		
Fridays:	Aug 15	6:30 - 8:00 pm
Adult Skate 19+ years		
Wednesdays:	Aug 13 - Aug 27	12:00 - 1:00 pm
Stick & Puck All Ages		
Wednesdays:	Aug 13 - Aug 27	6:15 - 7:45 pm
Sundays:	Jul 13 - Aug 24 (except: Aug 3)	2:45 - 4:15 pm
Shinny 19-54 years		
Mondays, Wednesdays, Fridays:	Aug 11 - 29	10:15 - 11:45 am
Shinny 55+ years		
Tuesdays, Thursdays:	Aug 12 - 28	10:15 - 11:45 am

Public Skate All Ages

Public Skate Sessions are designed for skaters of all ages and abilities and is an excellent opportunity for you to get out with your family and/or friends to get active on and have some fun!

There is no hockey permitted during these sessions.

Sensory Skates All Ages **NEW!**

Sensory friendly ice skating is a quiet and safe environment with low lighting and no music for children and individuals with sensitivities. *Sensory kits, including ear protection and sunglasses, are available to borrow at the front counter.*

Laser Light GLOW Skates All Ages **NEW!**

Vibrant lights, electric energy and groovy beats! Lace up your skates and join us for a bright evening skating with glow sticks and laser lights!

Adult Skate 19+ years

These sessions are designed for adults to get out on the ice and recreate! This is a great opportunity to get out and enjoy some time on the ice with *adults only*.

Stick & Puck All Ages

These sessions are for players of all ages and abilities to hop on the ice with friends and/or family to shoot, pass and play some hockey, without full gear. A stick, gloves and helmet is all you need for these sessions.

NO slap shots or rough play is permitted.

Shinny 19-54 years

Shinny 55+ years

These sessions are scheduled based on age and are an opportunity for community members to get out and play some hockey in an informal setting. Full hockey gear is required. **NO contact at ANY shinny session.**

