



# READY TO RIDE?



## SENDERS

**DATE: MAY 15 - JUNE 19**

**TIME: 3:45 - 5:45PM**

**LOCATION: SEE RIDE**

**LOCATION HANDOUT**



## What to bring!

- FULL FACE HELMET
- KNEE PADS
- GLOVES
- CLOSED TOE SHOES
- BACKPACK
- WATERBOTTLE
- SNACK
- SPARE TUBE (MUST FIT THE RIDERS TIRE)
- EMAIL [DAVE\\_OSBORNE@PORTALBERNI.CA](mailto:DAVE_OSBORNE@PORTALBERNI.CA) TO BORROW A FULL FACE HELMET



## Information

- If weather is poor, cancelations of sessions will be announced 2 hours before the session starts. Refunds will be issued for the cancelled session.
- No refunds are issues for riders missing sessions due to personal reasons
- Please dress for the weather and arrive in clothes that can get wet, muddy and keep riders warm in cold weather and cool in hot weather
- Please arrive on time for the session
- Please ensure your bike is in safe and efficient riding condition
- Please call Echo Centre at 250-723-2181 if you are unable to attend in advance to the start of the session.



Echo Centre 250-723-2181 | Echo Aquatic and Fitness Centre 250-720-2514  
 Alberni Valley Multiplex 250-720-2518 | Alberni Valley Museum 250-720-2863  
 4255 Wallace Street, Port Alberni, BC V9Y 3Y6



[playinpa.ca](http://playinpa.ca) - it's easy to #playinpa



## **Senders: After School Race Development**

### **Riding Locations: May 15 – June 19**

#### **Drop-off and Pick-up locations**

<b>Date</b>	<b>Time</b>	<b>Location</b>
Thursday May 15	3:45 - 5:45 pm	Combs Country Candy
Thursday May 22	3:45 - 5:45 pm	Portal Bermy Trails
Thursday May 29	3:45 - 5:45 pm	Coombs Country Candy
Thursday June 5	3:45 - 5:45 pm	Coombs Country Candy
Thursday June 12	3:45 - 5:45 pm	Portal Bermy Trails
Thursday June 19	3:45 - 5:45 pm	Coombs Country Candy

#### **Location Directions:**

##### **Coombs Country Candy**

**Address:** 2101 Old Nanaimo Highway Rd

**Information:** Riders meet at the dirt parking lot near the yellow gate.

##### **Portal Bermy Trails**

**Address:** N/A

**Information:** Riders meet at the yellow gate at the top of Burde Street. Please do not block the gate or any resident driveways.