Groms/Shredders - Pro Day October 20, 2023

Drop-off and Pick-up locations

Date	Time	Location
Friday October 20, 2023	9:00am-4:00pm	Cougar Smith Bike Park

*If the weather is poor, cancelations or adjustments will be announced the day before the camp starts at the very latest through email communication. Refunds will be issued if the camp is cancelled. No refunds are issues for absent riders due to personal reasons. *

What to bring:

- 1. Helmet: Contact <u>dave_osborne@portalberni.ca</u> if you would like to borrow a full faced helmet.
- 2. Knee pads
- 1. Gloves
- 2. Closed toe shoes
- 3. Backpack
- 4. Water bottle
- 5. Healthy snacks
- 6. Spare tube (must fit the riders tire)

Location Directions

Cougar Smith Bike Park

Address: 9028 Faber Road

Information: Riders meet at the outdoor public shelter

^{*}Please dress for the weather and have riders arrive in clothes that can get wet, muddy and keep riders warm in cold weather and cool is hot weather.