



Berms, Turns and Steeps

E.J. Dunn Elementary

October 21, 2023: 9:00- 11:30am



Itinerary

| Time | Activity |
|---------------|--------------------------------------|
| 9:00-9:15am | Sign-in, bike check and ride outline |
| 9:15-10:00am | Body positioning and braking |
| 10:00-10:45am | Cornering |
| 10:45-11:30am | Line choice |

All activities are subject to change without notice

What to bring to the session

- Helmet
- Knee Pads
- Gloves
- Closed toe shoes
- Backpack
- Water bottle
- Snack
- Spare tube (must fit the riders tire)

Location

- Please meet at the E.J. Dunn back parking lot. We will be riding in the Maquinna trails.
- Address: 3500 Argyle Street, Port Alberni BC, V9Y 3A8

Information

- Please call Echo Centre at 250-723-2181 by 8:45am if you are unable to attend in advance to the start of the session.
- If the weather is poor, cancellations of sessions will be announced 2 hours before the session starts at the very latest through email communication. Refunds will be issued for the cancelled session. No refunds are issues for riders missing sessions due to personal reasons.
- Please dress for the weather and have riders arrive in clothes that can get wet, muddy, and keep riders warm in cold weather and cool in hot weather.
- Please arrive on time and ready to ride at 9:00am.
- Please ensure your bike is in ride-ready condition before coming to the session.

