

## **Senders – Race Development Sessions**

### **After School Drop-off and Pick-up locations**

| <b>Date</b>  | <b>Time</b> | <b>Location</b>      |
|--------------|-------------|----------------------|
| September 14 | 3:45-6:00pm | Coombs Country Candy |
| September 21 | 3:45-6:00pm | Coombs Country Candy |
| September 28 | 3:45-6:00pm | Coombs Country Candy |
| October 5    | 3:45-6:00pm | Coombs Country Candy |
| October 12   | 3:45-6:00pm | Coombs Country Candy |
| October 19   | 3:45-6:00pm | Coombs Country Candy |

*\*If the weather is poor, cancelations of sessions will be announced 2 hours before the session starts at the very latest through email communication. Refunds will be issued for the cancelled session. No refunds are issues for riders missing sessions due to personal reasons\**

#### **What to bring: Senders**

1. Full Faced Helmet **\*MANDATORY\*** - Contact [dave\\_osborne@portalberni.ca](mailto:dave_osborne@portalberni.ca) if you would like to borrow.
2. Knee pads **\*MANDATORY\*** - Contact [dave\\_osborne@portalberni.ca](mailto:dave_osborne@portalberni.ca) if you would like to borrow.
3. Gloves
4. Closed toe shoes
5. Backpack
6. Water bottle
7. Healthy snack
8. Spare tube (must fit the riders tire)

*\*Please dress for the weather and have riders arrive in clothes that can get wet, muddy and keep riders warm in cold weather and cool in hot weather\**

## **Location**

### **Coombs Country Candy**

**Address:** 2101 Old Nanaimo Highway Rd

**Information:** Riders meet at the dirt parking lot tear the yellow gate