

*** For your safety:**

Children under 7 must be directly supervised by an adult who is in the water and within arm's reach.

AQUATICS & FITNESS SCHEDULE (Effective July 3 to August 11, 2023 - No sessions on stat holidays.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
Adult Lanes & Leisure		6:00 - 7:45 am 9:00 am - 1:15 pm <i>(LIMITED SPACE AVAILABLE: 9:00 - 11:30 am due to registered swim lessons)</i>			6:00 - 7:45 am 9:00 am - 1:15 pm 4:00 - 6:00 pm	AQUATIC CENTRE & FITNESS STUDIO CLOSED
Registered Swim Lessons		9:00 - 11:30 am <i>(Facility OPEN to public) LIMITED SPACE AVAILABLE</i>			9:00 - 11:30 am <i>(Facility OPEN to public) LIMITED SPACE AVAILABLE</i>	
AquaFit		8:00 - 8:45 am <i>(Regular)</i> 12:15 - 1:00 pm <i>(Gentle)</i>			8:00 - 8:45 am <i>(Regular)</i> 12:15 - 1:00 pm <i>(Gentle)</i>	
Public Swim		1:30 - 3:30 pm 6:00 - 7:30 pm			1:30 - 3:30 pm 6:30 - 8:30 pm	
Registered Swim Lessons		4:00 - 5:45 pm <i>(Facility CLOSED to public)</i>				
Fitness Studio		6:00 am - 3:30 pm 6:00 - 8:30 pm			6:00 am - 8:30 pm	
Pool and Fitness Studio Closed		3:30 - 6:00 pm <i>(During afternoon swim lessons)</i>				

***The Hot Tub and Sauna are open during all swim sessions except Monday-Thursday afternoon registered swim lessons.**

Lanes & Leisure: Lanes are available in the lap pool for continuous lap swimming and leisure exercising. The shallow tank is also available for exercising. **16+ years of age. Patrons 13-15 years are welcome with direct adult supervision**

AquaFit: Are you looking for a low impact aquatic based fitness class to music? Participate at your own pace in one of our AquaFit classes.

Public Swim: Come and have some fun during our everyone welcome swim and try out our diving board, waterslide and play around on our water toys.

MULTIPLEX DROP-IN SCHEDULE

July 7 to August 27, 2023

Regular programming may occasionally be interrupted to accommodate Bulldogs games, minor hockey tournaments, community events, etc.

Please check our Facebook page or see

playinpa.ca/schedules/ for information. No sessions on stat holidays.

Friday	Public Skate <i>Jul 7, 14, 21, 28 Aug 11, 18, 25</i>	6:30 - 8:00 pm
Saturday	Public Skate <i>Jul 8, 15, 22, 29 Aug 12, 19, 26</i>	1:30 - 3:30 pm
Sunday	Family Skate Stick N Puck <i>Jul 9, 16, 23, 30 Aug 13, 20, 27</i>	1:00 - 2:30 pm 2:45 - 4:15 pm

Thursday & Friday Night Drop-In "Dry Floor" Fun! \$3.00 per person - rentals included!

General Rollerblading \$3 drop-in	All ages!	6:00 - 8:00 pm	FRIDAYS Jul 14 Jul 28 Aug 18	Glenwood
Laser Light Rollerblading \$3 drop-in	All ages!	6:00 - 8:00 pm	FRIDAYS Jun 30 Jul 7 Jul 21 Aug 11 Aug 25	Glenwood
Family Multi-Sport FREE!	All ages!	6:00 - 8:00 pm	THURSDAYS Jul 13 Jul 27 Aug 10 Aug 24	Glenwood
Basketball	10-15 years & 16+ years (Two courts!)	7:30 - 9:30 pm	THURSDAYS Jun 22 Jul 6 Jul 20 Aug 3 Aug 17	Glenwood

*** SCHEDULES ARE SUBJECT TO CHANGE WITH NO NOTICE ***



Echo Centre 250-723-2181 | Echo Aquatic and Fitness Centre 250-720-2514
Alberni Valley Multiplex 250-720-2518 | Alberni Valley Museum 250-720-2863
4255 Wallace Street, Port Alberni, BC V9Y 3Y6



playinpa.ca - it's easy to #playinpa



Scan here for our "live" public drop-in schedule! If there are any discrepancies between our posted schedules and the live online schedule, the online schedule will prevail.