

AQUATICS & FITNESS SCHEDULE (Effective May 15 to June 30, 2023 - No sessions on stat holidays.)


	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pool and Fitness Studio Closed		1:00 - 3:30 pm	1:00 - 7:30 pm	1:00 - 3:30 pm	1:00 - 7:30 pm	1:00 - 3:30 pm	9:00 am - 12:00 pm
Adult Lanes & Leisure		6:00 - 8:45 am 10:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 - 8:45 am 10:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 - 8:45 am 10:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 - 8:45 am 10:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 - 8:45 am 10:00 am - 1:00 pm 5:00 - 6:00 pm	8:00 - 9:00 am 12:00 - 1:30 pm 4:00 - 5:30 pm
Family Swim <small>Parents/guardians need to be in the water and directly supervising their children.</small>		11:00 am - 1:00 pm 3:30 - 6:00 pm	11:00 am - 1:00 pm	11:00 am - 1:00 pm 3:30 - 6:00 pm	11:00 am - 1:00 pm	11:00 am - 1:00 pm 3:30 - 6:00 pm	
AquaFit		9:00 - 9:45 am (Regular) 12:00 - 12:45 pm (Gentle)	9:00 - 9:45 am (Regular) 12:00 - 12:45 pm (Gentle)	9:00 - 9:45 am (Regular) 12:00 - 12:45 pm (Gentle)	9:00 - 9:45 am (Regular) 12:00 - 12:45 pm (Gentle)	9:00 - 9:45 am (Regular) 12:00 - 12:45 pm (Gentle)	
Public Swim		6:00 - 7:30 pm		6:00 - 7:30 pm		6:00 - 7:30 pm	1:45 - 3:45 pm 6:00 - 8:00 pm
Registered Swim Lessons		10:00 - 11:00 am (Parent & Tot lessons)	4:00 - 7:00 pm (Facility closed to public)		4:00 - 7:00 pm (Facility closed to public)		9:00 am - 12:00 pm (Facility closed to public)
Shallow Tank, Tot Pool ONLY <small>(Lap pool closed)</small>		3:30 - 6:00 pm		3:30 - 6:00 pm		3:30 - 5:00 pm	
Fitness Studio		6:00 am - 1:00 pm 3:30 - 8:30 pm	6:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 am - 1:00 pm 3:30 - 8:30 pm	6:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 am - 1:00 pm 3:30 - 7:30 pm	8:00 - 9:00 am 12:00 - 8:00 pm


*The Hot Tub and Sauna are open during all swim sessions except Tuesday, Thursday and Saturday registered swim lessons.

EVENTS



Fun FREE events brought to you by Parks, Recreation & Heritage!

Watch for new events at playinpa.ca/special-events/

JUN	JUL	AUG	SEP
<p>MEET THE BABYSITTERS! JUN 21 @ GLENWOOD & BOB DAILY STADIUM Bring the whole family and enjoy an evening of fun activities under the sun! Games, crafts, music, sports, food and a duck hunt with prizes for all.</p> <p>***</p> <p>FAMILY FUN DAY JUN 23 @ GLENWOOD & BOB DAILY STADIUM Bring the whole family and enjoy an evening of fun activities under the sun! Games, crafts, music, sports, food and a duck hunt with prizes for all.</p> <p>***</p> <p>NAT'L HEALTH & FITNESS DAY JUN 3 LOCATION TBA Join us for a variety of health and fitness activities!</p>	<p>NAT'L DROWNING PREVENTION WEEK JUL 16-23 A public awareness campaign each year to build community and media support for the drowning prevention cause. Let's work together to keep our community safe from water related injuries. Stay tuned for special activities and events happening in our community.</p>	<p>OUTDOOR MOVIE NIGHT DATE TBA @ BOB DAILY STADIUM Join us at Bob Dailey Stadium for a family friendly movie night! Bring your lawn chair or blankets to the site for an evening of reel family fun. Stay tuned for more details coming soon!</p> 	<p>PARADE OF PROGRAMS SEP 9 @ ECHO CENTRE Join us for our first ever, Parade of Programs! Those looking for clubs, sports, activities, for children/youth, this is the perfect chance to see a variety of options in one place!</p> <p>***</p> <p>ALBERNI TRAIL RIDING PROGRAM JUMP JAM SEP 10 @ WILLIAMSON PARK We've teamed up with SendAir once again to bring you the second annual Alberni Trail Riding Program Jump Jam! Bring the family and watch our local riders get some big air while enjoying games for the family, music, and yummy food!</p>



Echo Centre 250-723-2181 | Echo Aquatic and Fitness Centre 250-720-2514
Alberni Valley Multiplex 250-720-2518 | Alberni Valley Museum 250-720-2863
4255 Wallace Street, Port Alberni, BC V9Y 3Y6

  playinpa.ca - it's easy to #playinpa

Thursday & Friday Night Drop-In "Dry Floor" Fun! \$3.00 per person - rentals included!

Rollerblading	All ages!	6:00 - 8:00 pm	FRIDAYS Apr 14 May 12 Jun 9	Glenwood
Disco Rollerblading	All ages!	6:00 - 8:00 pm	FRIDAYS Apr 28 May 26 Jun 30	Glenwood
Family Multi-Sport	All ages!	6:00 - 8:00 pm	FRIDAYS Mar 31 May 19 Apr 21 Jun 2 May 5 Jun 16	Glenwood
Ball Hockey	10-15 years & 16+ years	6:30 - 7:45 pm 10-15 years 7:45 - 9:00 pm 16+ years	FRIDAYS Apr 14 May 26 Apr 21 Jun 2 Apr 28 Jun 9 May 5 Jun 16 May 19	Multiplex Coulson
Dodgeball	13+ years	7:30 - 9:30 pm	THURSDAYS Apr 6 Jun 1 Apr 20 Jun 15 May 18 Jun 29	Glenwood
Basketball	10-15 years & 16+ years (Two courts!)	7:30 - 9:30 pm	THURSDAYS Mar 30 May 11 Apr 13 May 25 Apr 27 Jun 8 May 4 Jun 22	Glenwood
Disco Rollerblading - NEW! Strap on the skates, dress in neon and join us for disco lights & funky music!		Rollerblading Skate the night away with your friends & family! Most 4-wheeled devices are welcome! (No skateboards or scooters please)		
Dodgeball Dodge, duck, dip, dive, and dodge! Bring your friends and join us for fun and action-packed games of dodgeball!		Basketball - NEW! Pass, dribble and shoot some hoops with friends featuring free time and organized game play. Courts will be divided by age groups.		
Family Multi-Sport Come shoot, throw, and play with the whole family! Make use of our gym space and equipment and try out a variety of sports.		Ball Hockey Hit the court this spring for some ball hockey action including both organized and free court time. Helmets and stick required. Borrowing options are available.		