

**\*\*\* SCHEDULES ARE SUBJECT TO CHANGE WITH NO NOTICE \*\*\***

**\* For your safety:**  
Children under 7 must be directly supervised by an adult who is in the water and within arm's reach.

**AQUATICS & FITNESS SCHEDULE** (Effective April 23 to Summer 2022 - No sessions on stat holidays.)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lanes & Leisure *	8:00 - 11:00 am	6:00 - 8:45 am 10:00 am - 1:00 pm	6:00 - 8:45 am 10:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 - 8:45 am 10:00 am - 1:00 pm	6:00 - 8:45 am 10:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 - 8:45 am 10:00 am - 1:00 pm 4:30 - 6:00 pm	8:00 - 9:15 am
Family Swim *	8:00 - 11:00 am	6:00 am - 1:00 pm 3:30 - 5:30 pm	6:00 am - 1:00 pm	6:00 am - 1:00 pm 3:30 - 5:30 pm	6:00 am - 1:00 pm	6:00 am - 1:00 pm	8:00 - 11:00 am
AquaFit *		9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	
Public Swim *	11:00 am - 3:15 pm	6:00 - 7:30 pm		6:00 - 7:30 pm			11:00 am - 3:15 pm
Registered Swim Lessons (Pool closed to public)			4:00 - 7:00 pm (Pool closed to public)		4:00 - 7:00 pm (Pool closed to public)		
Fitness Studio	8:00 am - 3:15 pm	6:00 am - 1:00 pm 3:30 - 7:30 pm	6:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 am - 1:00 pm 3:30 - 7:30 pm	6:00 am - 1:00 pm 7:30 - 8:30 pm	6:00 am - 1:00 pm 4:30 - 6:00 pm	8:00 am - 3:15 pm

\*The Hot Tub and Sauna are open during any swim session that has an (\*). Closed during Swim Lessons.

**Lanes & Leisure:** Lanes are available in the main pool for continuous lap swimming and leisure exercising. The shallow pool is also available for exercising.

**AquaFit:** Are you looking for a low impact aquatic based fitness class to music? Participate at your own pace in one of our AquaFit classes.

**Lanes & Leisure and AquaFit timeslots are open to patrons over 16 years of age. Youth 13-16 years are welcome with direct adult supervision.**

**Family Swim:** We welcome parents to join their children in the pool for a swim. We ask that the parents directly supervise their children. The main pool is not available during this time.

**Public Swim:** Come and have some fun during our everyone welcome swim and try out our diving board, waterslide and play around on our water toys.

**MULTIPLEX DROP-IN SCHEDULE**

**February 23, 2022 to May 15, 2022 \***

Regular programming may occasionally be interrupted to accommodate Bulldogs games, minor hockey tournaments, community events, etc. Please check our Facebook page or see [playinpa.ca/schedules/](http://playinpa.ca/schedules/) for information. No sessions on stat holidays.

Monday	PlexFit 19-54 Shinny Hockey	9:00 am - 2:00 pm 10:15 - 11:45 am
Tuesday	PlexFit 55+ Shinny Hockey	9:00 am - 2:00 pm 10:15 - 11:45 am
Wednesday	PlexFit All Ages Shinny Hockey Adult Skate Public Skate	9:00 am - 2:00 pm 10:15 - 11:45 am 12:00 - 1:00 pm 6:15 - 7:45 pm
Thursday	PlexFit 55+ Shinny Hockey	9:00 am - 2:00 pm 10:15 - 11:45 am
Friday	PlexFit 19-54 Shinny Hockey Stick & Puck Public Skate	9:00 am - 2:00 pm 10:15 - 11:45 am 1:00 - 2:30 pm 6:30 - 8:00 pm
Saturday	Public Skate	1:30 - 3:15 pm
Sunday	Family Skate Public Skate	1:00 - 2:30 pm 2:45 - 4:15 pm

\* Drop-in ice programs will end once ice sheets are taken out

**GLENWOOD DROP-IN SCHEDULE**

**February 23, 2022 to June 25, 2022**

Regular programming may occasionally be interrupted to accommodate large event bookings. Please check our Facebook page or see [playinpa.ca/schedules/](http://playinpa.ca/schedules/) for information. No sessions on stat holidays.

Friday	Public Rollerblading	6:00 - 8:00 pm
Saturday	Inflatable Birthdays (pre-registration required)	10:30 am - 12:00 pm 1:00 - 3:00 pm 4:00 - 6:00 pm
Sunday	Inflatable Birthdays (pre-registration required)	10:30 am - 12:00 pm 1:00 - 3:00 pm



Scan here for our "live" public drop-in schedule! If there are any discrepancies between our posted schedules and the live online schedule, the online schedule will prevail.

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Echo Centre 250-723-2181 | Echo Aquatic and Fitness Centre 250-720-2514  
Alberni Valley Multiplex 250-720-2518 | Alberni Valley Museum 250-720-2863  
4255 Wallace Street, Port Alberni, BC V9Y 3Y6

[playinpa.ca](http://playinpa.ca) - it's easy to #playinpa