

*** SCHEDULES ARE SUBJECT TO CHANGE WITH NO NOTICE ***

* For your safety:

Children under 7 must be directly supervised by an adult who is in the water and within arm's reach.

AQUATICS & FITNESS SCHEDULE (Effective January 3 to March 12, 2022 - No sessions on stat holidays.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult Lanes & Leisure	6:00 - 8:45 am 10:00 am - 1:00 pm	6:00 - 8:45 am 10:00 am - 1:00 pm	6:00 - 8:45 am 10:00 am - 1:00 pm	6:00 - 8:45 am 10:00 am - 1:00 pm	6:00 - 8:45 am 10:00 am - 1:00 pm	11:00 am - 1:00 pm
Parent & Tot (6 yrs & under)	8:00 am - 1:00 pm	8:00 am - 1:00 pm	8:00 am - 1:00 pm	8:00 am - 1:00 pm	8:00 am - 1:00 pm	9:00 am - 1:00 pm
Shallow Tank, Tot Pool, Hot Tub & Sauna ONLY						9:00 - 11:00 am
AquaFit	9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	9:00 - 9:45 am	
Everyone Welcome	6:00 - 7:30 pm					1:00 - 4:00 pm
Registered Swim Lessons (no public sessions)		4:00 - 7:00 pm <i>(no public sessions)</i>		4:00 - 7:00 pm <i>(no public sessions)</i>		
Fitness Studio	Closed to Jan 18					

MULTIPLEX DROP-IN SCHEDULE

January 2, 2022 to March 26, 2022

Regular programming may occasionally be interrupted to accommodate Bulldogs games, minor hockey tournaments, community events, etc. Please check our Facebook page or see

playinpa.ca/ice-skating/ for information. No sessions on stat holidays.

Day	Activity	Time
Monday	PlexFit 19-54 Shinny Hockey	9:00 am - 2:00 pm 10:15 - 11:45 am
Tuesday	PlexFit 55+ Shinny Hockey	9:00 am - 2:00 pm 10:15 - 11:45 am
Wednesday	PlexFit All Ages Shinny Hockey Adult Skate Everyone Welcome	9:00 am - 2:00 pm 10:15 - 11:45 am 12:00 - 1:00 pm 6:15 - 7:45 pm
Thursday	PlexFit 55+ Shinny Hockey	9:00 am - 2:00 pm 10:15 - 11:45 am
Friday	PlexFit 19-54 Shinny Hockey Stick & Puck Everyone Welcome	9:00 am - 2:00 pm 10:15 - 11:45 am 1:00 - 2:30 pm 6:30 - 8:00 pm
Saturday	Everyone Welcome	1:30 - 3:15 pm
Sunday	Family Skate Everyone Welcome	1:00 - 2:30 pm 2:45 - 4:15 pm

GLENWOOD DROP-IN SCHEDULE

January 2, 2022 to March 26, 2022

Regular programming may occasionally be interrupted to accommodate large event bookings. Please check our Facebook page or see playinpa.ca/roller-blading/ for information. No sessions on stat holidays.

Day	Activity	Time
Thursday	NEW Drop-in Floor Hockey NEW Drop-in Dodgeball	6:00 - 7:30 pm 8:00 - 9:30 pm
Friday	Everyone Welcome Roller-blading	6:00 - 8:00 pm
Saturday	NEW Birthday Parties (pre-registration required) <i>see page 24 for more details!</i>	10:00 am - 12:00 pm 1:00 - 3:00 pm 4:00 - 6:00 pm
Sunday	NEW Birthday Parties (pre-registration required) <i>see page 24 for more details!</i>	10:00 am - 12:00 pm 1:00 - 3:00 pm

Echo Centre 250-723-2181 | Echo Aquatic and Fitness Centre 250-720-2514
Alberni Valley Multiplex 250-720-2518 | Alberni Valley Museum 250-720-2863
4255 Wallace Street, Port Alberni, BC V9Y 3Y6

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